

Singh Thattha Beard Wrap Project

The Queensland Health workforce reflects a diverse range of cultural and religious identities. As industry evolves and new evidence based methods become available, it is important that practices remain contemporary.



BEARD COVER TECHNIQUE
ELASTIC BAND

The Queensland Health Safety and Wellbeing Unit have partnered with the Clinical Skills Development Service (CSDS) to commence a phased implementation of the *Singh Thattha* - beard wrap technique. This technique involves a long elastic band placed over the facial hair and tied on the top of the head. The elastic band creates an “artificial skin” layer to create a P2/N95 respirator seal.

*This video contains content sourced from **Beard Cover Technique** by [NSW Clinical Excellence Commission](#), available on YouTube: [Beard Cover Technique - Background](#)*

Persons who will be eligible to participate in the project include:

- Queensland Health clinical employees of any discipline requiring respiratory protection for airborne biohazards at P2/N95 PFR level, with managerial approval to participate.
- External tertiary education students of any discipline while on clinical placement within defined Queensland Health Hospital and Health Service(s) facilities requiring respiratory protection for airborne biohazards at P2/N95 PFR level.
- Healthcare workers who are unable to remove facial hair for genuine medical, cultural, or religious reasons.
- Healthcare workers attending a Queensland Health designated fit testing service for quantitative fit testing using the *Singh Thattha* beard wrap technique.

Queensland Health would like to invite interested employees and students to apply via [CSDS Fit Testing: Beard cover technique](#) or scan this QR code.



The Project Lead, Julie Bryant, CSDS, will review the expression of interests from staff and students and provide further details to selected participants. Should you have any questions regarding this technique or phased implementation, please email [Queensland Health Beard Wrap Project](#).