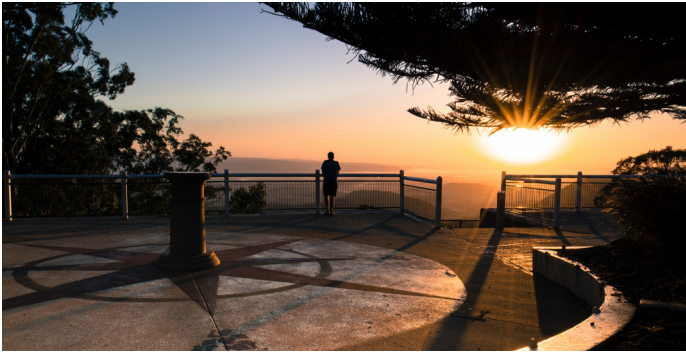


# 2026 Intern Campaign

## Toowoomba Hospital



Queensland  
Government



## Toowoomba, the Garden City

Well known as the 'Garden City', Toowoomba is home to approximately 105,000 people, and is the regional capital for the Darling Downs, serving a population of more than 300,000 people. Toowoomba is only 125 km west of Brisbane and is a treasure trove of tradition and culture on the edge of the Great Dividing Range. Experience the four seasons and the colour and amazement in one of the lush parklands or reserves of the city. Toowoomba's climate can best be described as pleasant, with temperature ranges averaging a cool 5° to 16° in winter and a mild 17° to 27° in summer.

## Support is essential

Toowoomba is a great place for you to undertake your internship. We understand that if you want great doctors, you need to provide great support. The support and dedication to training is something we are proud of, and you too can be a part of this should you choose to work here as an intern.

Every day, specialists are providing teaching, rounding, and caring with interns and registrars. Almost all our interns stay with us through their PGY2 year, and a number stay on as PHOs or registrars. Our consultants and Medical Education Unit support our junior doctors' career aspirations.

This is an exciting time for Toowoomba Hospital, and Darling Downs Health in general. With the new Toowoomba Hospital being built and due to open at the end of 2027, and new facilities at Tara and Millmerran, amongst others, we are expanding the services we offer and delivering more services locally.

Our rural terms offer a rich learning experience in hospitals with onsite senior medical officers. There is the opportunity for hands-on experience in birthing, emergency care, surgical assisting, and anaesthesia. We have carefully selected which hospitals interns go to, to optimise your learning opportunities.

I wish you every success with finishing your degree. I look forward to welcoming you to Toowoomba in 2026 as an intern and supporting you in your future medical career.



**Dr Liam Flynn**

Executive Director Medical Services  
Toowoomba Hospital  
Darling Downs Health

## 2026 Intern Rotations

### Terms available at our facility:

- Emergency Medicine
- MAPU
- General Medicine
- Cardiology
- Acute Stroke Service
- Medical Oncology
- General Surgery
- Urology
- Obstetrics and Gynaecology
- Orthopaedics
- Paediatrics
- Psychiatry
- ENT Surgery
- Anaesthetics - limited spaces
- ICU - limited spaces
- Rural Hospital term  
(*Stanthorpe, Warwick & Dalby Hospitals*)
- Rural GP terms  
(*Goondiwindi, Ochre Medical Centre Wyalla, Ochre Medical Centre Oakey, Jandowae*)

## About Toowoomba Hospital

Last year the Emergency Department saw 63,285 presentations of which 44% were admitted. There were 2,097 babies born. A total of 10,889 operations were performed.

The Hospital serves a large catchment area throughout southern inland Queensland including to the South Burnett and South West of the State. About 59% of all patients admitted come from outside Toowoomba city.

The University of Queensland's Rural Clinical School is also based at the Hospital, with 36 2nd and third year students and 36 fourth year students on campus for their current academic year.

## Our People, Our Stories



Having grown up on a property not so far from here, heading back to Toowoomba with my young family wasn't an unexpected move for me - but the positive time I've had as a junior doctor definitely took me by surprise. Big enough for a hugely diverse amount of experiences in general and specialty terms, Toowoomba Hospital is small at heart with a welcoming team of talented

and encouraging doctors, nurses and allied health. The MEU, who deliver on their promise to be approachable and supportive, provide excellent regular teaching sessions and went above and beyond supporting me in achieving work flexibility with a young child. Although I don't know where the next few years will take me in terms of my career, I'm sure my time at Toowoomba Hospital will be a strong foundation for my future medical practice. I'm really proud of working for a great regional community and health service and I hope you choose Toowoomba for your intern year too!

**Ellena Shaw –**

Intern 2024 – 2025, JHO 2025



When I chose Toowoomba I was looking for a hospital that would give me a breadth of experience and exposure to high acuity, while also giving me a place where people would know me by name and I could make connections regarding vocational training. I wanted to be close enough to Brisbane to fly home to Canada to see family, and I don't surf, so Toowoomba

seemed the obvious choice. Now I have a young daughter and an early career in emergency medicine. My commute is short, I know my co-workers by name, I volunteer with the Rural Fire Service in my time off, and I work rurally on a casual basis. My daughter loves Toowoomba's parks, the city library, and exploring the diverse environments of the Lockyer Valley, the range, and the downs.

During my junior doctor years I found Toowoomba honed my core medical skills and gave me opportunities to transition to more independent practice with a strong safety net. There's no shortage of passionate people here; keen mentors who are just waiting for you to tell them you're interested in learning more.

**Dr Hart Murdoch**

Intern 2021, JHO 2022, Registrar 2023-2025



Moving to Toowoomba for internship after living in NSW for my whole life felt like taking on a big risk. I worried about learning the ins and outs of a new hospital system whilst working for the first time, and whether I would fit in easily after moving from another state.

From my first day, I was relieved to find Toowoomba Hospital has the most

welcoming and supportive work environment I've seen. The range of clinical experiences on offer is excellent and every effort is made to accommodate leave and rotation preferences. Teaching time is protected twice a week and the medical education unit is committed to ensuring junior doctor wellbeing. With the added benefits of great weather and restaurants, numerous community events and an active RMO society, Toowoomba provides a great lifestyle outside of work as well. I would recommend it for anyone looking for a fantastic start to their career in medicine.

**Dr Lucy Alston**

Intern 2024, JHO 2025

## RMO Society

The RMO Society is the Resident Medical Officers' Society and has been running for over 100 years. The Club's main function is as a social outlet for members and their families, but it also plays an advocacy role in negotiating with medical administration at times.

The RMO Society is active in organising social events such as barefoot bowls, end of term drinks, trivia nights, Society Balls, and anything else that a member might have a passion for. These events are not exclusively for RMOs; in fact, staff from all streams of the hospital are encouraged to be a part of the club and the festivities.

The RMO Society understands that many of the medical and allied health staff don't have family or friends in Toowoomba initially and aims to encourage social activities and a greater involvement in the community as well. For those considering coming to Toowoomba Hospital, the RMO Society encourages you to make the move and get involved in our flourishing hospital social life.

## Junior Doctor Training

*'I am so glad that I came to Toowoomba'* is a regular comment from junior doctors after their first few weeks of internship, when they have had time to reflect on their exciting new career.

The Medical Education Unit at Toowoomba Hospital looks after junior doctor training and has established an excellent reputation within the State, being seen to be on the forefront of teaching and learning. Clinical teachers foster ongoing learning and maintain a high standard of professional practice.

As an intern you will be well-supported through regular, personal contact with your peers and this collegial support, together with close supervision in a supportive environment, will enable you to become a confident and skilled practitioner.

The Director of Clinical Training (DCT), Deputy Director of Clinical Training (DDCT), Medical Education Registrar and the Medical Education Officers (MEOs) at Toowoomba Hospital are actively involved in guiding and supporting your training. Your progress is continually measured through mid-term and end of term interviews during each of your rotations to ensure that your learning needs and expectations are met and that your work environment and supervision ensure a positive experience. Any concerns are swiftly addressed. The DCT acts as an advocate for junior doctors and offers individual career advice to ensure that you are aware of, and can take advantage of, the many opportunities available to you in planning your future.

## Contacts

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