

Endocrinology Advanced Training Contact Guide

RMO Campaign

Endocrinology training positions throughout Queensland and the Northern Territory are allocated to trainees by a combined selection panel with representatives from each hospital. Trainees are selected on the basis of curriculum vitae score, referee reports and performance at a brief structured interview. Trainees will generally be allocated to a non-metropolitan hospital for their first year of training and then will be allocated a second year of training based on trainee preference, merit ranking and training needs. There is also an option for a third year of clinical training at selected sites if this is requested by trainees.

This training programme supports part-time training options and will facilitate this wherever possible. Please note that it is not recommended that trainees contact directors individually regarding endocrine training prior to the interview process. If you would like more information regarding training hospitals beyond that provided below then you may find it useful to speak with advanced trainees currently at those sites.

Cairns Base Hospital

Trainee Contact: Dr Ashim Sinha - Ashim.Sinha@health.qld.gov.au

Number and type of advanced trainee positions:

2 x full-time RCY AT positions

0.5 FTE Core AT position (shared with Chief Medical Registrar position – best suited for a third year trainee)

One obs med AT (non-core AT position)

Number of Consultants / Consultant FTE:

7 consultants/ 4.3 FTE + 1 Public Health physician

Other junior doctor FTE (ie. residents / BPTs):

1 resident and 1 BPT +/- Intern

On-call and weekend cover requirements:

ATS are always first on call on weekdays. Consultant second on call. Our trainees are paid for taking the on call Weekend shared between 2 ATs, Obs Med AT (supported by endocrine), resident and BPT: 1 in 5

Specialty Clinics:

Type 2 DM, Type 1 DM, Pumps and CGM, Diabetes in pregnancy

High risk foot clinic (Centre of Excellence for HIGH-RISK FOOT)

Adolescent clinic

Metabolic Clinic

3 General Endocrine Clinics

Telehealth Clinics twice per week

Outreach clinics: at least one to two per month to communities in Torres and Cape, Innisfail, Mareeba Atherton and Wuchopperen

Inpatient beds / inpatient clinical exposure:

2 dedicated inpatient beds

Two Consultant ward rounds per week for inpatient consults (Tuesdays and Fridays)

Gold Coast University Hospital

Trainee Contact: Dr Katherine Griffin - Katherine.Griffin@health.qld.gov.au

Number and type of advanced trainee positions:

2 x RCY, 1 x unaccredited/obs med position

Number of Consultants / Consultant FTE:

4.8 FTE endocrine – 8 consultants in total

Other junior doctor FTE (ie. residents / BPTs):

1 x BPT, 1 x RMO, Diabetes NP

On-call and weekend cover requirements:

No on-call or after-hours cover

1 in 3-4 weekend ward round (Saturday and Sunday 2-4 hours per day)

Specialty Clinics:

Diabetes, Gestational Diabetes Mellitus, Thyroid, Bone, Adrenal, Pituitary, Calcium and Parathyroid Disorders

Specialty MDTs:

Monthly Pituitary with neurosurgery and radiology, Monthly thyroid with ENT/general surgery, Fortnightly HRFC w vascular and ID

Inpatient beds / inpatient clinical exposure:

Consult service of diabetes and endocrinology across full spectrum of medical and surgical services (except for transplant)

Obstetric endocrinology consultations

Small inpatient unit 2-5 beds

Ipswich General Hospital

Trainee Contact: Dr Tom Dover - thomas.dover@health.qld.gov.au

Number and type of advanced trainee positions:

1.0 FTE non-core advanced trainee (third year position)

Number of Consultants / Consultant FTE:

5 consultants / FTE ~ 2.5 (endocrinology)

Other junior doctor FTE (ie. residents / BPTs): Nil**On-call and weekend cover requirements:**

Post-take round every 1 to 2 months

Specialty Clinics:

2 x T2DM, 1 x T1DM, 2 x endo, 1 x diabetes in pregnancy

Inpatient beds / inpatient clinical exposure:

Inpatient Endocrine consults (no direct endocrine inpatients).

Logan Endocrine and Diabetes Service

LEADS is housed in a brand new, purpose designed and built facility in the community, co-located with primary and primordial care agencies, within a couple of minutes' walks from the hospital. Our team includes Endocrinologists, junior medical staff, General Practitioners, Nurse Practitioners, Nurse Navigators, CDEs, Senior Podiatrists, Dietitians, Psychologists, Social Worker and Clinical trials coordinator.

Trainee Contact: Dr Gaurav Puri - Gaurav.Puri@health.qld.gov.au

Number and type of advanced trainee positions:

2 x Core positions

Number of Consultants / Consultant FTE:

10 Consultants with 4.85 Consultant FTE

Other junior doctor FTE (ie. residents / BPTs):

1x RMO

1x BPT (planned for 2024)

On-call and weekend cover requirements:

Our two trainees share first on-call duties during ordinary weekday hours to respond to requests for inpatient consultation and admissions. No after hours on call, 1 in 3-4 weekends (Sat and Sun ward round), with Consultant Supervision

Specialty Clinics:

Diabetes: Gestational Diabetes, T1DM Transition clinic, General Diabetes, Pump start clinics

Logan Outpatient Foot Treatment Services (LOFTS)- MDT High Risk Foot Clinic

General Endocrinology

Complex obesity service

Bone Clinic planned for 2024

Thyroid Clinic planned for 2024

Insulin Stabilisation MDT

Outreach clinics

Inpatient beds / inpatient clinical exposure:

Housed in a brand-new facility, currently funded for 4 inpatient beds which will increase to 12 in Q2 2024

Inpatient consults across all Endocrine conditions and Diabetes management of inpatients

Other information:

LEADS has a busy clinical trials unit with an expanding portfolio of diabetes, obesity, lipids and other areas of cardiovascular risks. The unit has broad area of research interest ranging from obesity, diabetes technology including DIY loops, artificial intelligence algorithms, skin sensors and endocrine.

Mater Adults Hospital

Trainee Contact: Dr Liza Phillips - liza.phillips@mater.org.au

Number registrar positions (RCY, core, non-core etc):

Endocrine – 1 x RCY, 1 x Core position (includes metabolic medicine, generally 3rd year)

Number consultants / consultant FTE:

10 Consultants / 3.45 FTE Endo / 0.9 FTE Metabolic

Other junior doctor FTE (ie. residents / BPTs):

Full-time resident (usually BPT)

After-hours commitments:

1 in 2-3 Sat ward rounds – no on call for Endocrine.

Weekend round will include endo inpatients/consults.

Inclusion in Gen Med remote on call roster.

Inclusion in Gen Med Roster (out of hours during week and Sat or Sun weekend shifts – day in lieu if work weekend)

Rostered for one afternoon off per week.

Specialty clinics:

Young Adult Diabetes, Young Adult Endocrine, Turners Clinic, Cystic Fibrosis, After Cancer Care, General Endocrine (including pituitary), Diabetes, Metabolic/Inborn errors, Obstetric Medicine, High risk foot clinic

Monthly MDT Endo/Surg thyroid/endocrine surgery

Monthly MDT pituitary and attendance at PA Pituitary meeting

Core position has metabolic exposure and Outreach clinics – Inala, Mt Isa and weekly Aboriginal and Torres Strait Islander Clinic (ATSIC)

Endocrine dynamic testing exposure

Exposure to multidisciplinary specialty team meetings: Pituitary MDT (1-2 monthly in house and attend PAH meeting), Endocrine Surgical MDT (monthly), Chem Path combined teaching meeting ~1-2 monthly

Inpatient beds / inpatient clinical exposure:

Mater Hospital in South Brisbane offers a broad diabetes and endocrine exposure. We have a strong emphasis on type 1 diabetes and technology and care for a number of young adults, with dedicated multi-disciplinary clinics for their care. We usually have 1-4 inpatients under the direct care of endocrinology. Inpatient exposure is mostly consultation on diabetes / endocrine issues for patients admitted under other specialty teams.

Princess Alexandra Hospital (PAH)

Trainee Contact: Dr Lisa Hayes - Lisa.Hayes@health.qld.gov.au

Number and type of advanced trainee positions:

2 full-time RCY positions – due to distance between the outpatient clinic and main hospital, the two full-time registrars rotate every 2 months between the “Clinic registrar” and “Ward registrar” roles

1 part-time (0.5 FTE) RCY position – 3 clinics and 2 ward sessions over 2.5 days each week

Number of Consultants / Consultant FTE:

14 consultants (5.4 total FTE)

Other junior doctor FTE (ie. residents / BPTs):

1 BPT registrar

1.5 Residents (1 x house officer, Intern for some rotations)

On-call and weekend cover requirements:

Endocrinology weekend ward rounds 1 in 5 weekends

Remote Endocrinology on-call 1 in 4 weeks (weeknights) for inpatients (not ED / ICU)

The full time roles have a rostered half-day off every week (either Thursday or Friday)

Specialty Clinics:

Weekly clinics in the areas of: Diabetes (including an after-hours T1DM clinic, Pump Clinic, Diabetes-Renal Clinic), Bone / Menopause / Female Reproductive Endocrine Clinic, General Endocrinology (including pituitary and adrenal disease), Rapid Access Thyroid Clinic, Endocrine HOT clinic, Complex Obesity Clinic, Diabetes / Endocrine Telehealth Clinics (to regional / remote locations) and Secure Unit Clinic. There are also monthly Combined Endocrine Genetics Clinics and bimonthly Prader Willi Clinics. There may be the opportunity to do other subspecialty clinics including perioperative diabetes optimisation clinic, integrated high risk foot clinic, hypertension clinic or after-hours endocrinology clinic.

Exposure to multidisciplinary specialty team meetings: Pituitary MDT (monthly), Endocrine Surgical MDT (monthly), Adrenal MDT (bi-monthly), Metabolic Surgery MDT (monthly), Endocrine Genetics MDT (monthly)

The advanced trainees are also regularly involved with Endocrine Dynamic Testing along with the Endocrine Nursing service.

Inpatient beds / inpatient clinical exposure:

Princess Alexandra Hospital has ~1000 beds and is a tertiary teaching hospital with broad clinical exposure (inc. renal and liver transplant, but not heart / lung / pancreas transplant). We usually have 1-6 inpatients under the direct care of endocrinology. Inpatient exposure is mostly a consultation service for diabetes / endocrine issues for patients primarily admitted under other specialty teams.

Queen Elizabeth II Hospital (QEII)

Trainee Contact: Dr Shanthi Kannan- Shanthi.Kannan@health.qld.gov.au

Number and type of advanced trainee positions:

1 FTE Non-core advance Trainee (third year position)

Number of Consultants / Consultant FTE:

1 FTE – 2 consultants in total

Other junior doctor FTE (ie. residents / BPTs):

1 x BPT or RMO

On-call and weekend cover requirements:

None currently for Endocrine service but may be required with service expansion in near future.

Participation in General medicine after hours Registrar roster ~ 1 in 5 weeks.

Specialty Clinics:**Mixed Endocrine/Diabetes clinic – 3/week**

Diabetes, Bone, Adrenal, Pituitary, Calcium and Parathyroid Disorders

Thyroid clinic - 1/month

Specialty MDTs:

Parathyroid MDT with Surgeons and Radiologist ~once every 2 months.

Insulin Dose Adjustment service with DNE Weekly.

Can access PAH MDT Via TEAMS.

Inpatient beds / inpatient clinical exposure:

Consult service for diabetes and endocrinology.

No inpatients.

Redcliffe Hospital

Trainee Contact: Dr Emma Whittle - emma.whittle@health.qld.gov.au

Number and type of advanced trainee positions:

1 x full-time Core Year AT position

Number of Consultants / Consultant FTE:

3 Consultants/1.35 FTE

On-call and weekend cover requirements:

Participation in general medicine after hours roster with approximately two weekend shifts per 12 week term (Saturday or Sunday) and emergency back up one week per 12 week term

Specialty Clinics:

4 general endocrine clinics including bone, adrenal, pituitary, thyroid, diabetes, calcium and electrolyte disorders

1 obstetric endocrinology clinic including management of type 1, type 2 and gestational diabetes as well as other endocrine disorders during pregnancy

Speciality MDTs

Weekly endocrine meeting/complex case meeting via teams with Caboolture Hospital

Link up with RBWH for pituitary and endocrine surgery MDT meetings via teams for discussion of complex cases

Inpatient beds / inpatient clinical exposure:

250 bed hospital

Three Consultant ward rounds per week for inpatient consults (Tuesday, Wednesday, Thursday)

Registrar responsible for inpatient consults Monday to Friday with cover via General Medicine after hours and on the weekends/public holidays (patients admitted under general medicine or other specialist teams)

Royal Brisbane and Women's Hospital (RBWH)

Trainee Contact: Dr Don McLeod - Donald.McLeod@health.qld.gov.au

Number and type of advanced trainee positions:

3 positions available via QLD match (2 RCY + 1 Core)

(+0.5 FTE Endocrine Research Fellow position, most commonly for immediately post FRACP; not offered every year – appointed maximum to 2 years)

Number of Consultants / Consultant FTE:

14 consultants (4.8 FTE)

Other junior doctor FTE (ie. residents / BPTs):

1 Senior House Officer

On-call and weekend cover requirements:

No weekend Endocrinology ward rounds

No remote Endocrinology on-call

Hospital rostered medical registrar shifts, some evenings/weekends
(ward consults during daytime hours below)

Specialty Clinics:

In addition to diabetes and obstetric endocrinology clinics, the Department offers exposure to weekly tertiary-referral clinics of: bone (including complex metabolic bone disease), endocrinology (including pituitary and adrenal disease), endocrine oncology (managing patients with genetic tumour syndromes, patients with neuroendocrine tumours including those receiving Lutate therapy, and endocrine complications of cancer), lipids, thyroid, thyroid cancer (multidisciplinary with radiation oncology; includes 3-monthly medullary thyroid cancer clinic), and women's health clinics (multidisciplinary with gynaecology). Trainees will rotate through all subspecialties in 4-month rotations (2x clinic only, 1x ward consults with small clinic load).

Exposure to multidisciplinary specialty team meetings: neuroendocrine tumours (weekly; 4-months), thyroid cancer (weekly; 4-months), pituitary (monthly + monthly joint clinic with neurosurgery; full year), and endocrine surgery (monthly; full year).

Inpatient beds / inpatient clinical exposure:

The RBWH has approximately 900 beds and covers every specialty of adult medicine and surgery except cardiac surgery. The direct inpatient load for the Department is light; most inpatient care of diabetes is performed by general medical teams. Inpatient exposure is via consulting on endocrine problems across the hospital campus.

Other information:

The Department has a busy clinical trials unit with an expanding portfolio of diabetes and endocrine clinical trials. Departmental members' research interests include endocrine epidemiology, thyroid disease, thyroid cancer, bone and mineral metabolism, digital health, women's health, and inpatient diabetes. The Department also is linked to a basic science laboratory assessing placental metabolism (particularly thyroid hormone metabolism).

Royal Darwin Hospital

Trainee contact: Dr Anna Wood - Anna.Wood@nt.gov.au

Number and type of advanced trainee positions:

Two RCY positions from the QLD match

We have a 'clinics registrar' and a 'ward' registrar and they rotate these roles 3 monthly.

Number of Consultants / Consultant FTE:

5 consultants: 1 consultant on 0.9FTE and 4 on 0.4FTE

Other junior doctor FTE (ie. residents / BPTs):

Nil – endocrinology does not have an inpatient bed card and hence does not have junior doctor support.

On-call and weekend cover requirements:

The 2 registrars alternate weekly on-call and weekend cover, with consultants first on call once/month for the weekends. As there is no endocrine inpatient unit, the burden of on-call is minimal and the expectation for the weekends is either not to attend face to face or to come in briefly on one day. Consultants are supportive of both registrars attending conferences and will be 1st on call during these periods.

Specialty Clinics:

General endocrinology, Obstetric endocrinology, Diabetes clinics (including JDR (joint diabetes clinic), transition clinic, Danila Dilba (ACCHO) outreach, pump clinic, diabetic foot clinic), Weight Management Clinic, Men's Health clinic, transgender clinic, Telehealth clinic and regular outreach/ clinics (to remote communities).

Inpatient beds / inpatient clinical exposure:

360 beds. As Royal Darwin Hospital is the only tertiary hospital in the region, it is the first point of contact for all patients and hence there is a broad range of exposures to diverse clinical conditions. What is unique to the Territory is the large proportion of Aboriginal and Torres Strait Islander people and hence there is exposure to Aboriginal and Torres Strait Islander health care. Compared to non-Indigenous Australians, Aboriginal people disproportionately experience type 2 diabetes and its complications at a young age as well as type 2 diabetes in pregnancy. As the majority of Aboriginal people in the NT live in remote communities, there is the opportunity for regular endocrine outreach to these communities.

Potential third year positions:

The endocrine department is strongly linked with Menzies School of Health Research and for people interested in a PhD focused on remote health/diabetes/diabetes in pregnancy then there are options for third year roles that involve commencing a PhD within Menzies School of Health research combined with a potential clinical role at RDH.

Sunshine Coast University Hospital

Trainee Contact: Dr Tom Hadwen - Thomas.Hadwen@health.qld.gov.au

Number and type of advanced trainee positions:

1x RCY position, 1x Core position

Number of Consultants / Consultant FTE:

6 SMO, 4 FTE

Other junior doctor FTE (ie. residents / BPTs):

1x BPT. Credential Diabetes Educators, Diabetes Nutritionists, Diabetes Psychologist, Podiatrists.

On-call and weekend cover requirements:

Weekend WR (shared with ID team) ~ once every 2 months to review inpatients only. SMO on call otherwise.

Specialty Clinics:

Endocrine: General endocrine – adrenal, thyroid, disorders of calcium, pituitary. Metabolic Bone Disease, Combined Endocrine Surgery clinic. Diabetes: T2DM, T1DM (inc CSII), Young adult clinic/transition, Diabetes in Pregnancy/Gestational Diabetes. High Risk Foot Service: Podiatry/ID/Vascular. Outreach Clinics: Nambour (SMO only at this stage), Gympie

Inpatient beds / inpatient clinical exposure:

4 beds. General endocrine and diabetes consults.

Dedicated SCUH based Endocrine Teaching:

Weekly journal club, fortnightly teaching meeting/case review

The Prince Charles Hospital

Trainee Contact: Dr Anne Harris - Ann.Harris@health.qld.gov.au

Number and type of advanced trainee positions:

1.0 FTE non-core advanced trainee (3rd year only)

Number of Consultants / Consultant FTE:

1.7 FTE endocrine – 5 consultants in total

Other junior doctor FTE (ie. residents / BPTs): Nil

On-call and weekend cover requirements:

General Medicine ward reviews Saturday and Sunday 8am – 1pm every 6-8 weeks

Specialty Clinics:

General endocrine (5), thyroid (2), telehealth (1), diabetes (4), acute (1)

Specialty MDTs:

MDT Pituitary and Endocrine surgery (each monthly) via RBWH.

Inpatient beds / inpatient clinical exposure:

Consult service for hospital.

No inpatients.

Toowoomba Hospital

Trainee Contact: Dr Hannah Farquhar - Hannah.Farquhar@health.qld.gov.au

Number and type of advanced trainee positions:

1 x core position

Number of Consultants / Consultant FTE:

3 consultants, total FTE 1.8

Other junior doctor FTE (ie. residents / BPTs):

Nil junior staff

On-call and weekend cover requirements:

Approx. 6-8 weekend admitting shifts (both days - 2 x 12 hour) per year, plus 8-12 evening admitting shifts per year
Met pager half a day / fortnight

Specialty Clinics:

3 x general endocrine clinics, 2 x diabetes clinics, 1 x obstetric medicine clinic

Specialty MDTs:

MDT Thyroid / Parathyroid (monthly)

Inpatient beds / inpatient clinical exposure:

No endocrine inpatients

New diabetes/endocrine ward consults 2-5 per day, plus obstetric medicine consults 2-4 per week.
External calls from GP's/rural hospitals also covered.

Townsville University Hospital

Trainee Contact: Dr Swetha Rangasawamaiah Swetha.Rangaswamaiah@health.qld.gov.au OR Prof Usman Malabu usman.malabu@jcu.edu.au

Number and type of advanced trainee positions:

2 RCY full-time positions

Number of Consultants / Consultant FTE:

We have 7 Consultants with total FTE 4.4

Other junior doctor FTE (ie. residents / BPTs):

1 RMO

On-call and weekend cover requirements:

Weekend cover 1 in 6 currently shared with Renal and Rheumatology trainees. Opportunity to do extra weekends in internal medicine as a financial incentive (need to volunteer weekends)

Lot of opportunities to discover North-Queensland (Magnetic Island, Cairns, Tablelands, Whitsundays) and have a good work/life balance.

Specialty Clinics:

General Endocrinology, High risk antenatal (obstetric medicine) clinic, Transition clinic, TAIHS community clinic, Diabetes clinic, High Risk Foot clinic, Weight management clinic and Telehealth

Outreach clinic to Palm Island, Sexual health and Transgender clinic, Indigenous health clinic .There is plan to start like Thyroid clinic , Bone clinic , Insulin pump clinic in near future. There is opportunity to work with the paediatric endocrinologist in a joint transition clinic.

Inpatient beds / inpatient clinical exposure:

775 bed hospital –major tertiary hospital in North Queensland and provides broad clinical experience in management of diabetes, thyroid, bone, parathyroid, adrenal, pituitary disease patients including pituitary and endocrine surgery and nuclear medicine. Renal transplantation is also due to start in 2025.

Potential third year positions:

There is an opportunity to do PhD in vascular medicine or diabetic feet at JCU.

Good option for third year AT to consolidate their clinical experience and also get 6 months obstetric medicine experience and certificate.